

Clinic and Wellness Centers
School Mental Health
Student Health & Human Services



PARENT WORKSHOPS

Topic changes each month:

- **Anxiety:** Parents will learn about anxiety and strategies to support their child.
- **Grief and Loss:** Parents will learn how to support their child who has experienced a loss.
- **Mental Health Wellness:** Parents will learn how to support their child with strategies for good mental health basics, identifying stressors and talking about feelings.

Parent Workshops 2nd Wednesday of the month

11:00 am - 12:00 pm

Dates:

November 8 - Mental Health Wellness

December 13- Anxiety

January 10 - Grief and Loss

February 14 - Mental Health Wellness

March 13- Anxiety

April 10 - Grief and Loss

May 8 - Mental Health Wellness

Via Zoom

[https://lausd.zoom.us/j/84788708406?
pwd=R082anhTVVFNMVV0cVRGT3ZHY
VA1QT09](https://lausd.zoom.us/j/84788708406?pwd=R082anhTVVFNMVV0cVRGT3ZHYVA1QT09)

Meeting ID: 847 8870 8406

Password: workshop



**For further information, please contact Cecilia Elias at (323) 290-7737 (Option 3).



Woodlake Elementary Presents

*Winter Holiday
Performance 2023*

December 13, 2023

8:30, 10:30 and 1:15

Location: Auditorium
(Entrance is on Hatteras)

No strollers are allowed
for the show.

Siblings are welcome
to attend.

For more information please call 818-347-7097





Holiday Boutique

HOSTED BY WOODLAKE PTSA

WEDNESDAY, DEC 13 2023

8:00 AM - 4:30 PM

BLOCK PARTY FEATURING YOUTH VENDORS FROM 2:30PM-4:30PM

Woodlake Elementary invites you to join us for the
2nd annual Holiday Boutique and Party.

Make sure you don't miss out on the chance to participate in the festivities, indulge in delicious food and drinks, show your support for incredible vendors and youth entrepreneurs, and relish in complimentary crafts.





Help Woodlake Elementary Community Charter PTSA 5th Grade
GET A SLICE OF THE PIE!

WHEN: Wednesday, December 13, 11am- 9pm

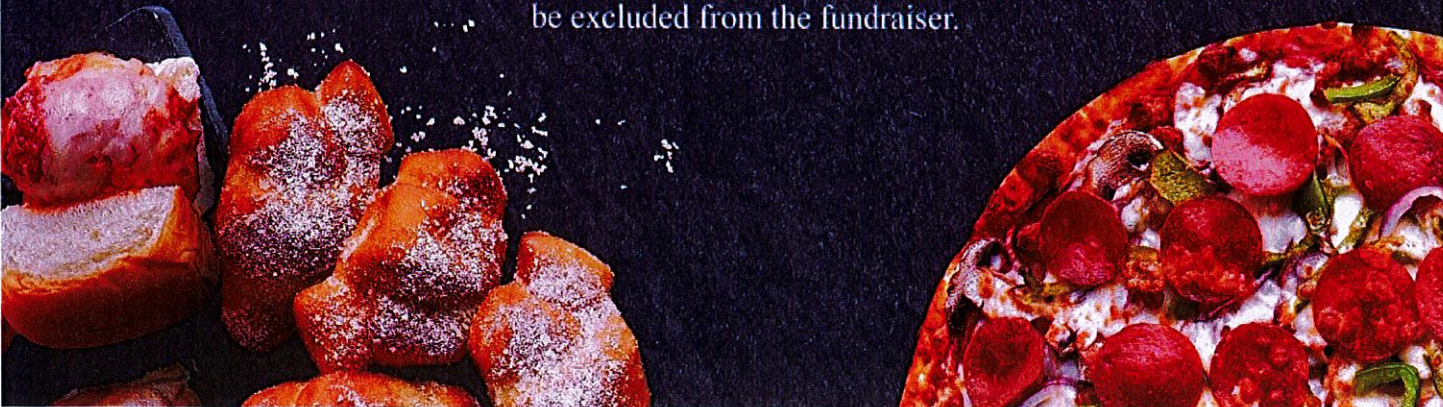
WHERE: Fresh Brothers
4751 Commons Way
Calabasas, CA 91302
(323) 495-9191

Order from Fresh Brothers & 20% of your subtotal will be donated back
to Woodlake Elementary Community Charter PTSA 5th Grade

How to Order:

- Order over the phone & mention Woodlake Elementary Community Charter PTSA 5th Grade
- Order in person & present this flyer.
- Order online at freshbrothers.com & enter coupon code: GROUP5 (GROUP5 must be entered into the coupon section and not in the order notes.)

*Donation applies to full-priced food & beverages. Orders using additional coupon codes will be excluded from the fundraiser.





Adopt a
Woodlake Family ❄️

**SPREAD JOY THIS YEAR AND
SPONSOR OUR FAMILIES IN NEED**

**PARENTS -
TARGET, RALPH'S & WALMART
GIFT CARDS**

GRADE 1 - BOY

GRADE 2 - 1 BOY, 1 GIRL

GRADE 3 - 1 BOY, 1 GIRL

GRADE 5 - BOY

**AS FAMILIES ARE HOMELESS, BIG ITEMS ARE NOT
ENCOURAGED.**



GOT GAME WINTER CAMP

2023-2024

MID CITY ★ WEST LA ★ WEST SFV
December 18th - January 5th

EARLY BIRD RATE ENDS: NOV. 28 (\$20 OFF WEEKLY)
EXTENDED CARE AVAILABLE: 8 AM - 5 PM
LIMITED SPACE, SIGN UP NOW! SIBLING DISCOUNT 20%.

FIND MORE INFO & REGISTER ONLINE AT:
WWW.GOTGAMECAMP.COM

We Speak Kid.®



CONTACT US!

✉ **EMAIL US:** Admin@GotGameCamp.com

☎ **CALL US:** (310) 975 -8524 Ext. 1

🌐 **REGISTER AT:** www.GotGameCamp.com



SIGN UP TODAY!