

# Woodlake Elementary Community Charter

B a c k



N i g h t +

Tuesday, September 19

- 5:00-5:30 Presentation with Mrs. Pedersen
- 5:15-6:30 Governance Council/ELAC Elections in front of Room 8. Please stop by and vote!
- 5:30-6:00 Classroom Visits – 1st Session
- 6:15-6:45 Classroom Visits – 2nd Session

\*This is a Parents ONLY event

Dear Parents/Caregivers,

We are pleased to inform you that the week of September 18-22 your child will be taking part in [Start With Hello Week](#) at Woodlake Community Charter Elementary School. Start With Hello teaches students, grades 2 – 12, the skills they need to reach out and include those who may be dealing with chronic social isolation and create a culture of inclusion and connectedness within their classroom, school or youth organization.

During this week our school community will highlight and spread the message of the power of Start With Hello's three simple steps:

1. See Someone Alone
2. Reach Out and Help
3. Start With Hello

Social isolation is the overwhelming feeling of being left out, lonely, or treated like you are invisible. It is a growing epidemic in the United States and within our schools. According to a 2018 survey of 20,000 adults, nearly 50% of Americans reported sometimes or always feeling alone while feelings of loneliness are the worst for younger generations Loneliness Study. Excessive feelings of isolation can be associated with violent and suicidal behavior. Furthermore, young people who are isolated can become victims of bullying, violence and/or depression. As a result, many further pull away from society, struggle with learning and social development and/or choose to hurt themselves or others.

The positive news is that there are cures for disconnection and loneliness if we reach out and help one another. We encourage you to talk to your child about the Start With Hello program and ask them to share what they have learned. Not only will that help you learn how to support your child to identify isolation, reach out and connect, and Start With Hello, it also demonstrates to your child that you take this subject seriously and can support them in their actions to create a more connected and inclusive home, classroom, school and community.

Thank you for supporting the Start With Hello Week!

Sincerely,





## WOODLAKE HELLO WEEK

September 18-22

Monday: Wear your favorite color and share with a classmate what you like about your color

Tuesday: Join Ms. Marco at lunch and make a card for someone you care about

Wednesday: Join Ms. Marco at lunch and write hello in all the languages spoken at Woodlake

Thursday: Add a note of kindness to our HEART wall

Friendship Friday - Make a new friend at recess or lunch

**#StartWithHello**

The easiest way to help everyone feel connected at Woodlake is to start by welcoming each other with HELLO and spreading kindness around our campus.





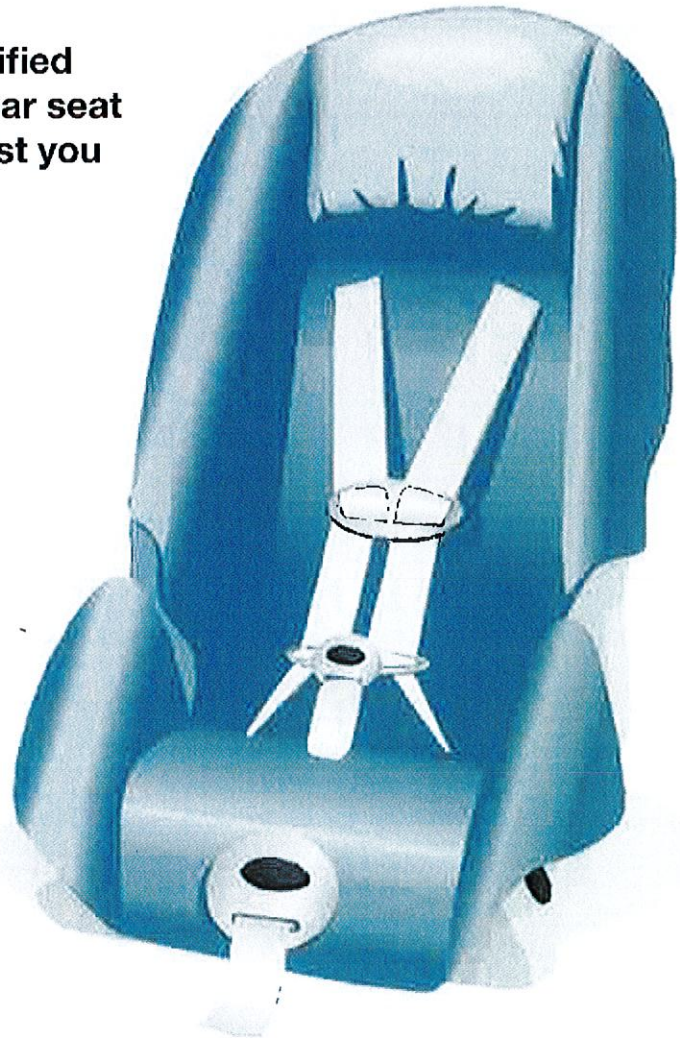
Los Angeles Police Department  
**VTD / CTSU**  
Safety Unit



# **CHILD SAFETY SEAT INSPECTION & INSTALLATION**

LAPD officers that are nationally certified technicians will inspect your child's car seat for damage, defects, recalls and assist you with the proper installation.

Please call (818) 644-8143 for an appointment.



**Where:** Valley Traffic Station  
7870 Nollan Place  
Panorama City, CA 91402  
(Behind the Home Depot at  
THE PLANT Shopping Center)

**When:** Every Thursday  
by appointment

**Time:** One appointment  
per ½ hour from  
7:30 am to 11:30 am

**\*\*\*You will need to bring your car manual and your car seat manual\*\*\***